

HELP US

SUPPORT YOUNG PEOPLE IN BEDFORDSHIRE

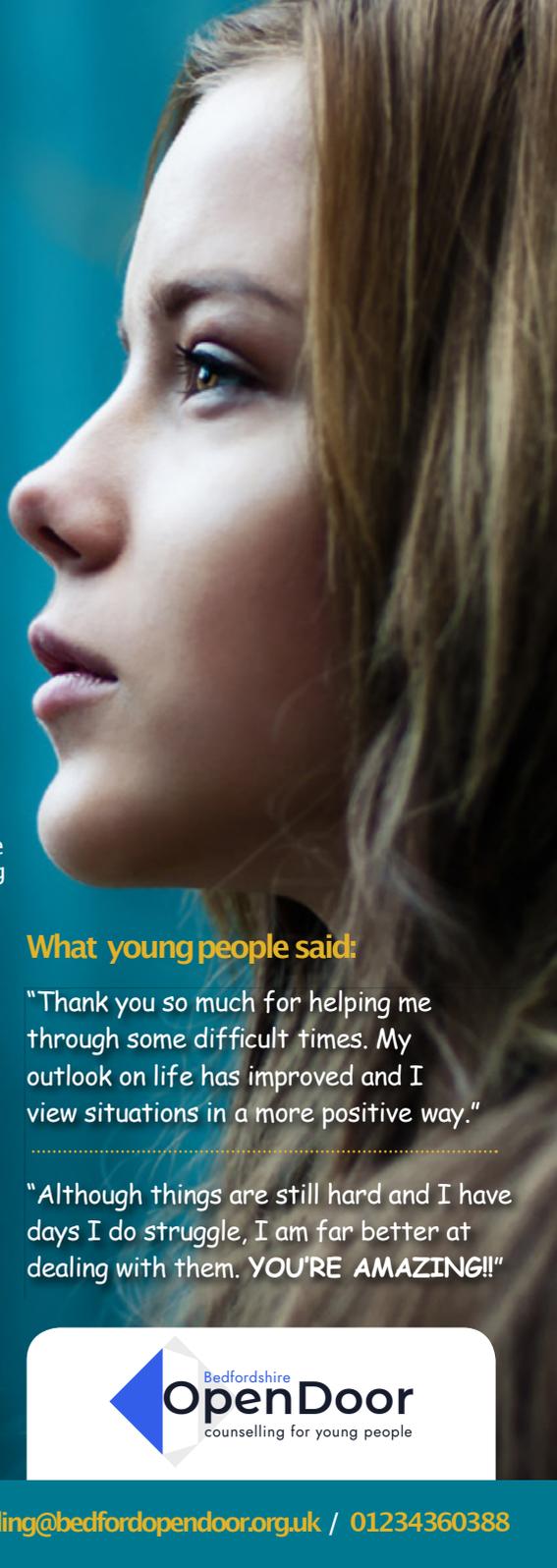
Become a Friend of
Bedfordshire Open Door
Today by Calling Us
on **01234 360388**

At Bedfordshire Open Door we help young people who need someone to talk to. They may be going through a very difficult time, or simply need to share their worries. They often feel they have no-one to turn to who will help them deal with their problems.

Cases differ in complexity, but every young person will find a qualified counsellor at Bedfordshire Open Door with the skills, experience and time to help them.

Our confidential counselling is free to the young person, hence we rely on our generous donors and fund-raisers to support our vital service.

Research shows that dealing with issues at an early stage leads to more positive life outcomes for the young people and helps prevent things from spiralling out of control. Over the years we have helped thousands of local young people, and with your help we can continue to do so.



What young people said:

"Thank you so much for helping me through some difficult times. My outlook on life has improved and I view situations in a more positive way."

"Although things are still hard and I have days I do struggle, I am far better at dealing with them. **YOU'RE AMAZING!!**"



HELP US SUPPORT YOUNGPEOPLE IN BEDFORDSHIRE

YOUR DETAILS

Name

Address

Postcode

Contact no

Email

YOUR GIFT

Amount

Monthly

One-off

YOUR BANK OR BUILDING SOCIETY

Account in the name of

Bank name
& address

Postcode

Account no

Sort code

Organisation you wish to pay: Bedfordshire Open Door

Branch: HSBC, Allhallows, Bedfordshire, MK 40 1LJ

Account Number: 01740164 **Sort Code:** 40-10-02

Signature

Date

Please make cheques / postal orders /charity vouchers payable to 'Bedfordshire OpenDoor'

GIFT AID

I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want the charity named above to reclaim tax on the donation detailed above, given on the date shown. I understand that I must pay an amount of Income Tax and/or Capital Gains Tax in the tax year at least equal to the amount of tax that all the charities and Community Amateur Sports Clubs I donate to, will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. The charity will reclaim 25p of tax on every £1 that I have given. I understand I can contact Bedford Open Door at any time to remove my authorisation.

Signature

Date

Please return to: Bedfordshire Open Door, 120 Tavistock Street, Bedford, Beds MK40 2SA
Registered Charity Number 1053008

www.bedfordopendoor.org.uk / counselling@bedfordopendoor.org.uk / 01234360388